

# 2023

## ANNUAL REPORT



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## ABOUT ACHPER NSW

The Australian Council for Health, Physical Education and Recreation (ACHPER) is a national professional association representing people who work in the areas of health education, physical education, recreation, sport, dance, community fitness or movement sciences. A membership-based non-profit organisation, we are governed by a volunteer board and have a network of state and territory branches.

ACHPER NSW is committed to delivering quality PDHPE professional learning. Funds generated from our activities are used to develop programs, resources and members support.



# STRATEGIC PURPOSE

## HERE TO HELP THE PDHPE COMMUNITY



### OUR VISION

Quality health and physical education for every student in NSW & ACT



### OUR PURPOSE

Support educators to deliver innovative and effective health and physical education programs



### PRIORITY GROUPS

Health, physical education and recreation educators:

- Primary and secondary teachers
- Early career teachers
- University students



### STRATEGIC PILLARS

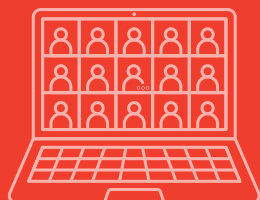
- Professional learning – build capacity
- Resources – inform and support
- Community – foster connection and network
- Advocacy – be a voice



### OUR VALUES

- Integrity
- Collaboration
- Excellence
- Innovation

# 2023 AT A GLANCE



**PROFESSIONAL  
LEARNING EVENTS**

**53**  
EVENTS

**80+**  
PRESENTERS

**2,376**  
TEACHERS



**MEMBERSHIP**

**424\***  
MEMBERS  
\* As at February 2024

**YEAR 12 – FIRST IN SUBJECT  
STUDENT (PDHPE AND CAFS)**

CERTIFICATES ISSUED

**54**  
CAFS

**58**  
PDHPE



*Each year, ACHPER NSW provides certificates to our members for their high achieving students*

**COMMUNICATION**

Website: [www.achpernsw.com.au](http://www.achpernsw.com.au)



**4,300** FACEBOOK FOLLOWERS

**1,571** TWITTER FOLLOWERS

**440** INSTAGRAM FOLLOWERS

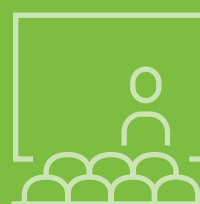
**116** LINKED IN (NEW) FOLLOWERS



**PDHPE  
MASTERCLASS  
SERIES**

**7** MASTERCLASSES

**163** TEACHERS ATTENDED



**K-12 PDHPE  
CONFERENCE**

TWO-DAY  
CONFERENCE  
November 2023

**308**  
DELEGATES



**EARLY CAREER  
TEACHER  
CONFERENCE**

ONE-DAY  
CONFERENCE  
May 2023

**73**  
DELEGATES



**POPULAR  
PROFESSIONAL  
DEVELOPMENT**

Leading Year 11  
HMS Faculty  
Planning workshop

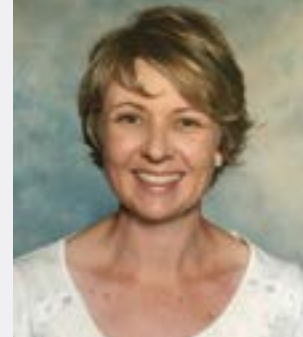
Free HMS  
Familiarisation  
webinars

HSC Enrichment  
Days (CAFS and  
PDHPE)

## PRESIDENT AND VICE PRESIDENT'S REPORT 2023



BRAD McALLISTER  
President



KRISTY O'MAHONY  
Vice President

It is wonderful to reflect on 2023 and realise just how much has been accomplished. This annual report will highlight the many and varied activities that ACHPER NSW has undertaken to support teachers across the state.

We express sincere gratitude and appreciation to the contributors – writers, presenters, codesign team, and reviewers – whose dedication shaped the workshops, conference materials, and resources offered throughout 2023. Your invaluable efforts are the cornerstone of ACHPER NSW's mission and significantly impact educators and students statewide. We are continually inspired by the wealth of expertise within our community of educators, generously shared for the betterment of all.

The ongoing strength of ACHPER NSW is in no small part due to the amazing ACHPER office team – Tracy Puckeridge, Karen Burton, Shannon Dixon, Janice Atkin, Clare Roden, and Mariana Tolj. Their expertise and unwavering support and dedication ensures the smooth operation of all ACHPER NSW activities. We are truly grateful for their work.

We extend our heartfelt thanks to the dedicated members of the ACHPER NSW Board who volunteer their time and expertise to steer the organisation's direction. Their collective skills ensure that ACHPER continues to deliver top-tier support and advocacy for our subject area. The 2023 ACHPER NSW Board comprised:

- **President:** Brad McAllister
- **Vice-President:** Kristy O'Mahony
- **Members:** Alex Lupton, Kyle Sutton, Dom Sidaros, Julie Percival, Cindy Waldock, Jessica Sears, Kim Harper, Dr Kelly Parry

In fostering collaboration, ACHPER NSW continues to actively engage with various stakeholders and places great importance on nurturing strong relationships with kindred organisations. These partnerships include ACHPER National, NESAs, the Department of Education, Catholic Education Offices across NSW, the Association of Independent Schools of NSW, NSW Health, National Centre of Implementation Science and the School Sport Unit.

ACHPER NSW values the importance of good governance, and we remain in a strong financial position at the end of 2023. We continue to remain well positioned to provide support for teachers with the implementation of new syllabus documents, and continue to invest in the professional development options for teachers across the state.

We deeply appreciate the ongoing support of the PDHPE community, especially our members. Our members not only receive a wide range of benefits and professional resources, but are also contributing to the ongoing strength of our professional association. Thank you to all who contribute to, lead, and participate in our workshops, as we work together to provide exemplary health and physical education to our students.

Brad McAllister  
President  
ACHPER NSW Branch

Kristy O'Mahony  
Vice President  
ACHPER NSW Branch







## CHIEF EXECUTIVE OFFICER'S REPORT

TRACY PUCKERIDGE

Welcome to the 2023 annual report. Congratulations to all health and physical educators in NSW & ACT for their commendable efforts.

This year has presented various challenges, from addressing teacher shortages to adjusting to new syllabus releases. Despite these obstacles, your motivation and commitment to students is admirable. It is your dedication and hard work that ensure students consistently achieve optimal outcomes. Keep up the exceptional work!

The release of the Stage 6 HMS syllabus and first draft K-6 & 7-10 PDHPE syllabuses promises to bring a fresh perspectives and opportunities to our field.

### Professional learning – building capacity

High quality professional learning is the cornerstone of ACHPER NSW. This year, we delivered 53 events to over 2,300 teachers. Some of our highlights included:

- **New Health Movement Science (HMS) syllabus professional learning** – we commenced roll out of a comprehensive new HMS program to support teachers. The first events included HMS Familiarisation webinars, followed by Leading Year 11 HMS Faculty Planning workshops which were extremely popular. Anticipate more initiatives in 2024!
- **Co-design team** – we assembled a team of 9 experienced, practising teachers to work with our staff to help create and deliver the new HMS syllabus professional learning. Our dedication and financial commitment towards this initiative has ensured the program is high quality and relevant.
- **ACT professional learning** – we used a hybrid face-to-face and online approach to deliver Australian curriculum professional learning to 70 teachers in the ACT.



- **K-12 PDHPE Conference** – was held at Western Sydney University in November and attended by 308 delegates. There was an incredible atmosphere across the two days, with more than 70 presenters sharing their knowledge and wisdom. The conference has become an annual highlight, consistently earning high satisfaction rates from delegates.

### Community and resources

Our Early Career Teacher Conference was held in Sydney in May 2023. Feedback continues to be very positive with a 100% satisfaction rate for the second year in a row. We also established an Early Career Teachers Sub-committee comprising HALT accredited teachers, early career teachers, academics, and students. The sub-committee is dedicated to creating a supportive and nurturing environment for new PDHPE teachers.

In-school consultancy has increased over the past year demonstrating a growing recognition of value that ACHPER NSW can bring to educational settings. Collaborating with organisations like the AFL NSW & ACT and National Centre for Implementation Science indicates a growing recognition of the importance of practical implementation and the application of research in the educational setting. This consultancy work not only provides valuable insights and expertise but also fosters a collaborative environment where best practices can be shared and applied.

Our PDHPE Awards continue to be popular in recognising the innovative and high-quality contributions teachers are making to health and physical education learning experience and outcomes for students.

### Advocacy

ACHPER NSW continues to advocate with NESAs, Department of Education, and the Minister for Education to support health and physical educators. We provided detailed input to the draft K-6 & 7-10 PDHPE syllabus released in July. We held information and consultation sessions on the drafts with over 200 PDHPE teachers. Our feedback was provided to NESAs via a specific consultation meeting and our final submission to the NESAs consultation, available on our website.

### Thank you to our supporters

Thank you to the National Centre for Implementation Science, ACT directorate, NSW Department of Education, AFL NSW and ACT, Western Sydney University and the ACT sub-committee for their continued collaboration, and fostering a positive environment for learning and growth.

Thank you to our valued partners Tennis NSW & ACT and RHSport for their ongoing support. Also to the sponsors and exhibitors at our conferences and events.

Thank you to our presenters, writers for their commitment and collaborative efforts to bring quality professional learning to educators throughout NSW & ACT.

A special acknowledgment goes to the dedicated ACHPER NSW board, whose passion drives the Association's leadership in supporting educators.

Huge thank you goes out to the small ACHPER office team of Karen Burton, Shannon Dixon, Janice Atkin, Clare Roden and Mariana Tolj for their support and dedication. They have been instrumental in our successes.

Finally, thank you to our members and the health and physical education community. Together we can shape the future of our field and drive positive change through Health and Physical Education community.

Another exciting year is planned for 2024 with the ongoing implementation of the HMS Syllabus and upcoming release of the new K-6 & 7-10 PDHPE syllabus.

Warmest regards,

Tracy Puckeridge  
Chief Executive Officer

ACHPER NSW THANKS MAJOR SPONSORS



RHSports  
[www.rhsports.com.au](http://www.rhsports.com.au)



Tennis Australia  
[www.tennis.com.au](http://www.tennis.com.au)

## OUR BOARD

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### **Brad McAllister**

President

Principal, John Therry Catholic College

Brad is currently the Principal at John Therry Catholic High School, Rosemeadow and has been a PDHPE teacher for 20 years. He has been a Board member for 10 years and has been involved in the planning and delivery of a range of workshops including the Aspiring Leaders, Quality Assessment, Job Application Process and Learning Technologies workshops.

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### **Kristy O'Mahony**

Vice President

Head of PDHPE, Domremy College

Kristy is currently a secondary school Head of PDHPE and has taught throughout NSW and the UK. She has contributed to the Sydney Morning Herald HSC Study Guide and has been a HSC marker and writer for PDHPE examinations. Kristy has been presented at ACHPER NSW Conferences and has consulted with various organisations on educational and curriculum matters.

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### **Kyle Sutton**

Head Teacher PDHPE and Languages, Merewether High School

Kyle has been a head teacher in Sydney and Newcastle for the past 7 years and has been an ACHPER NSW Board member since 2016. He has been a presenter for ACHPER NSW on curriculum and consulted with a range of stakeholders to promote teacher quality and professional learning.

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**Alex Lupton**

Head Teacher, Teaching and Learning, Heathcote High School

Alex has extensive teaching experience across all three teaching sectors. She has been a PDHPE teacher, mentor, head teacher and senior education officer and has taught all PDHPE curriculum areas. Alex has been involved in ACHPER workshops for PASS and Stage 6 PDHPE. She values PDHPE professional development as a way of enhancing student learning and teaching strategies.



**Dr Kelly Ann Parry**

Lecturer, Australian College of Physical Education

Kelly is a passionate educator with a philosophy grounded in student-centric and innovative pedagogies. She currently works in Physical Education Teacher Education and has lead PDHPE faculties in Australia and the UK. Kelly believes in supporting students to be physically literate and providing authentic learning experiences so that students can value movement. Her research focuses on games-based pedagogy and how to support teachers to teach through games.



**Julie Percival**

Julie was the Executive Officer of ACHPER NSW for from 2000-2019, leading professional learning events in NSW across all sectors and stages. Prior to this, Julie was a secondary PDHPE teacher in regional NSW and Sydney. She is passionate about supporting teachers to deliver quality education to their students.





**Dominique Sidaros**

Head of PDHPE & Instructional Coach, William Clarke College

Dominique is an experienced PDHPE educator and has held leadership and executive positions in a range of Independent and Catholic schools for over 20 years. Dominique advocated and led PDHPE curriculum initiatives as Senior Curriculum Officer, PDHPE at NESAs. She has contributed to a wide variety of state-wide curriculum projects, professional learning opportunities and education panels.



**Cindy Waldock**

Curriculum Support Advisor PDHPE K-6,  
Department of Education

Cindy is a passionate primary educator with more than 25 years' experience in the classroom as well as school leadership roles. She is currently a PDHPE Curriculum Advisor K-6 for the Department of Education. Cindy has a range of experience in delivering K-6 physical activity workshops, as well as writing accredited professional learning courses for K-6 teachers.



**Kim Harper**

Deputy Principal Student Wellbeing Initiatives,  
Department of Education

Kim currently leads a team responsible for the state-wide implementation of a mental health and suicide prevention program in NSW government high schools. An experienced PDHPE teacher and Head teacher, Kim has taught at several schools, and worked as a drug education consultant and relieving PDHPE Curriculum Advisor. Kim is passionate about PDHPE and its impact on the lives of students.



**Dr Jessica Amy Sears**

Lecturer of Education and Discipline Lead Health and Physical Education, Charles Sturt University

Jessica has a long-standing passion for physical education, health education, and school sport. She has extensive experience as a school teacher, having taught HPE in public, systemic, and private schools from K-12 before entering academia. Jessica recently completed her doctoral studies in 2021 and has continued to be involved in schools through several school-university partnerships since 2020.



**Dr Mick Moroney OAM**

(stepped down January 2024)

Religious Education Coordinator,  
Aquinas Catholic College, Menai

Mick has taught PDHPE for the past 20 years at a secondary level, and at University, guiding pre-service teachers. He has significant governance experience with positions on the Triathlon Australia, and New South Wales Boards. In 2013 Mick received an Order of Australia Medal for services to the community through sport.

# PROFESSIONAL TEACHERS' COUNCIL NSW AWARDS 2023



*Sheree Clarke and James Muir receive their Awards*

## Outstanding Service Award

For contribution to the physical activity, health education profession through ACHPER NSW

### James Muir

James is a fantastic PDHPE teacher and presenter who has dedicated his time and expertise to ACHPER NSW since 2017. James has been part of several ACHPER NSW professional learning co-design teams and always brings impressive experience and innovative approaches to programs.

### Sheree Clarke

Sheree is a dedicated and passionate leader in Child Studies. Sheree has delivered ACHPER NSW Child Studies workshops for nine years, developed high-quality syllabus materials and keenly supports the child studies teaching community right across NSW.



(left to right) Kyle Sutton, Brad McAllister, Tracy Puckeridge, Kristy O'Mahony and Karen Burton

### **Association of the Year Award**

ACHPER NSW was honoured to receive the *2023 NSW Minister of Education Association of the Year Award*. The Award recognises the work done by associations for members and was presented at the Professional Teacher Council Award ceremony in Sydney in February 2024.

ACHPER NSW President Brad McAllister, Vice-President Kristy O'Mahony, board member Kyle Sutton, CEO Tracy Puckeridge and Events Coordinator Karen Burton received the Award on behalf of our organisation.

The Award was only possible thanks to our community and we sincerely thank them all – members, board, staff, presenters, sponsors, supporters and all the PDHPE teachers who actively engage with us.

Professional development is the foundation of any effective education system, and ACHPER NSW is wholly committed to enhancing the professional growth of educators. ACHPER NSW is here to expand, evolve, and innovate to meet changing educator and student needs. We're always inspired to set a standard of continued relevance and value in shaping the future of health and physical education.



# ACHPER NSW STAFF

## ACHPER NSW BOARD



CHIEF EXECUTIVE  
OFFICER  
**TRACY  
PUCKERIDGE**  
(4 days)

ACT SUB-COMMITTEE



PROFESSIONAL  
LEARNING  
OFFICER  
**JANICE ATKIN**  
(2 days)



PROFESSIONAL  
LEARNING  
SUPPORT OFFICER  
**CLARE RODEN**  
(2 days)



CONFERENCE  
AND EVENTS  
OFFICER  
**KAREN BURTON**  
(5 days)



MARKETING  
OFFICER  
**SHANNON  
DIXON**  
(2 days)



CUSTOMER  
SUPPORT  
OFFICER  
**MARIANA TOLJ**  
(2 days)



## THANK YOU PRESENTERS

Every year ACHPER NSW engages with knowledgeable teachers, academics, and experts across NSW and Australia to provide professional development. We want to say a big thank you to every presenter who generously shared their time, knowledge and expertise during 2023.

Adam Bunce

Alex Lupton

Alex Walters

Amy Harriman

Andre Adam-De Villiers

Angus Glynne

Belinda Cavey

Brenda Doran

Brendan Jones

Carly McPherson

Chantal Wilson

Claire Goodall

Clare Roden

Damian Hurley

Dan Hardie

Danielle Hillier

Declan McNally

Dr Erin Kelly

Dr Katie Bird

Dr Kelly Ann Parry

Dr Kylie Steel

Dr Michelle O'Shea

Dr Rhiannon White

Ebony Basher

Emmanuel Karayiannis



Gabrielle O'Flynn

Gareth Long

Giel Bos

Holly Akhurst

Jackie Hicks

James Muir

Janice Atkin

Janine Perry

Jennifer Sharp

Jenny Walsh

Jessica Gavric

Jocelyn Atmore

John Cunyngname

Karen Martin

Kellie Kells

Kelly Pfeiffer

Ken Wallace

Kristy Crawford

Kyle Sutton

Laura Afrey

Leisl Stimpson

Lisa Bauer

Lisa Quinn

Lori Modde

Louisa Bailey

Meagan Gadd

Melinda Navin

Narelle Best

Natalie Auremi

Nick Mulvihill

Nicole Wheeler

Nikki Taylor

Pam Findlay

Pam Williams

Pat Landy

Patricia Raikodroka

Rachael Holland

Rachel Quinn

Rebecca Sammut-Allesi

Ross Montague

Samantha Vaz

Sean Douglas

Shannon Cooper

Sheree Clarke

Simon Board

Simone Hope

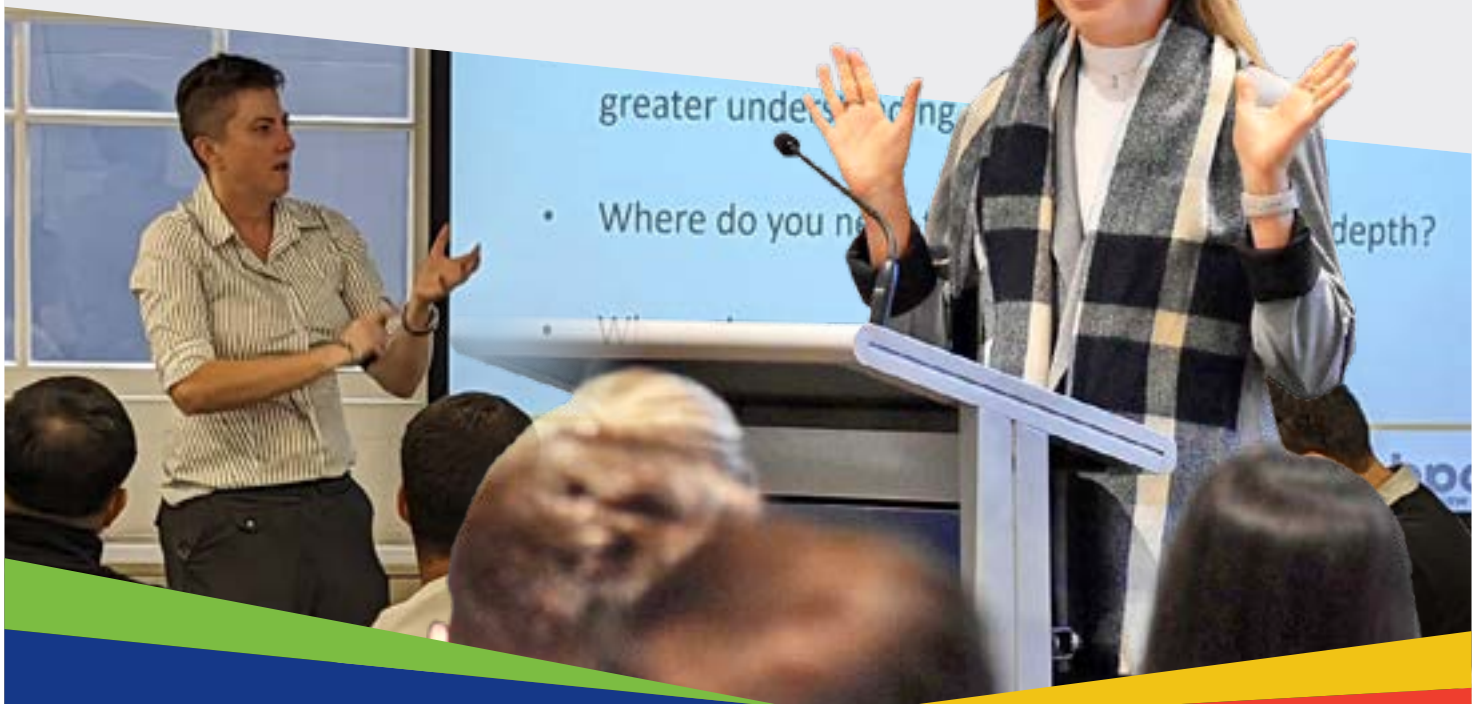
Skye Lawrence

Tim Watt

Vanessa Penitani

Veronica Brogden

Veya Seekas



# ACHPER NSW SUB COMMITTEES

Thank you to our sub-committees who contribute their time, expertise and enthusiasm to our programs:

## Early Career Teachers sub-committee

Bethany Baynie

Reece Bell

Cristy Budd

Emily Carr

Brooke Garland

Ross Montague

Nick Mulvihill

Dr Kelly Ann Parry

Tracy Puckeridge

Clare Roden

Hannah Rowbotham

Jessica Sears

## ACT sub-committee

Margie Appel

Faith Bentley

Alesha Brown

Michael Davies

Jennifer Hall

Maryanne Kirk

Dan McNamara

Emma Potter

Tracy Puckeridge

Liliana Russell





# 2023 PROFESSIONAL LEARNING

## EVENTS

2,376 teachers came along to 53 professional learning events in 2023. This was an increase on 2022 attendance and events, largely due to our popular new HMS syllabus events.

### PROFESSIONAL LEARNING EVENTS FEEDBACK

**The content was relevant to my professional learning needs**

**76.5%** strongly agree

**21%** agree

**The presentation and resources were well designed and engaging**

**64.5%** strongly agree

**31.5%** agree

#### FEEDBACK

**92%** likely to recommend ACHPER NSW



## 2023 EVENTS

DATE	EVENT	LOCATION	ATTENDANCE
7/2/2023	First time teaching Stage 6 CAFS	Surry Hills	29
9/2/2023	First time teaching Stage 6 PDHPE	Surry Hills	21
14/2/2023	Teaching PASS	Online	24
14/2/2023	Reimagining assessment in PE	Liverpool	8
16/2/2023	Masterclass: Young people as mental health caregivers	Online	18
17/2/2023	First time teaching Stage 6 PDHPE	Online	22
20/2/2023	Teaching child studies	Online and Surry Hills	41
27/2/2023	ACT HPE curriculum	Stirling	65
3/3/2023	Improving Stage 6 student performance PDHPE	Surry Hills	33
6/3/2023	Improving Stage 6 student performance CAFS	Surry Hills	27
15/3/2023	HSC marking simulation CAFS	Online	17
23/3/2023	Masterclass: Improving fitness education in schools	Masterclass	24
27/3/2023	HSC marking simulation PDHPE	Online	41
4/5/2023	NESA accreditation update	Online	6
11/5/2023	Masterclass: The role of PDHPE in community and individual health	Online	5
19/5/2023	2023 Early Career Teacher Conference	Surry Hills	71
23/5/2023	HSC marking simulation PDHPE	Surry Hills	22
30/5/2023	Masterclass: Developing thinking students	Online	6
31/5/2023	HSC marking simulation CAFS	Surry Hills and online	15
6/6/2023	Reimagining assessment in PE	Sydney Olympic Park	21
13/6/2023	Quality assessment in CAFS	Online	7
16/6/2023	Reimagining assessment in PE	Wagga Wagga	10
26/6/2023	HSC enrichment day CAFS	Surry Hills	33
28/6/2023	HSC enrichment day PDHPE	Surry Hills	177
30/6/2023	HSC enrichment day PDHPE	Online	92
25/7/2023	HSC enrichment day CAFS	Online	91
26/7/2023	HSC enrichment day PDHPE	Online	100
29/7/2023	HSC enrichment day CAFS	Inner West Council	10
3/8/2023	Masterclass: Purposeful small sided games	Online	23

CONTINUED OVERPAGE

**2023 EVENTS** | CONTINUED

DATE	EVENT	LOCATION	ATTENDANCE
15/8/2023	Stage 6 HMS Familiarisation webinar	Online	150
17/8/2023	Info session: K-6 and 7-10 draft PDHPE syllabuses	Online	57
22/8/2023	Info session: K-6 and 7-10 draft PDHPE syllabuses	Online	32
20/8/2023	HSC enrichment day PDHPE	Inner West Council	10
24/8/2023	Stage 6 HMS Familiarisation webinar	Online	94
30/8/2023	Masterclass: Trauma informed practice PDHPE	Online	11
11/9/2023	Leading Year 11 HMS faculty planning	Liverpool	28
12/9/2023	Leading Year 11 HMS faculty planning	Surry Hills	28
14/9/2023	Applying for leadership roles	Online	4
8/8/2023	Teaching the Independent Research Project	Online	26
22/8/2023			22
5/9/2023			18
25/10/2023	Leading Year 11 HMS faculty planning	Surry Hills	31
26/10/2023	Masterclass: Body satisfaction and social media	Online	17
1/11/2023	Leading Year 11 HMS faculty planning	Tamworth	16
6/11/2023	Leading Year 11 HMS faculty planning	Hexham	25
7/11/2023	Leading Year 11 HMS faculty planning	Surry Hills	27
9/11/2023	Leading Year 11 HMS faculty planning	Kingswood	30
14/11/2023	Leading Year 11 HMS faculty planning	Online	30
24/11/2023 25/11/2023	2023 K-12 PDHPE Conference	Kingswood	308
30/11/2023	First time teaching Stage 6 CAFS	Online	29
1/12/2023	First time teaching Stage 6 PDHPE	Online	13
4/12/2023	Leading Year 11 HMS faculty planning	Online	31
5/12/2023	Leading Year 11 HMS faculty planning	Central Coast	27
11/12/2023 12/12/2023	HMS syllabus co-design workshop	Surry Hills	9
14/12/2023	Programming and Assessment	St Mary's	6

## WHAT DO TEACHERS FIND BENEFICIAL?

“Hearing from an experienced presenter and other teachers assisted with expanding my own strategies and knowledge.”

“As a first time teacher I did learn a lot about the syllabus and how to teach with the combination of theory and practical.”

“The practical components were informative and challenging.”

“The presenter is currently in the classroom, so her tips were relevant. Meeting teachers who have taught for longer than me... helped to highlight areas that I can improve.”

“Collaborating with other teachers from different schools. Able to openly ask questions about anything to presenter.”

“All of it! I found it one of the best professional learning I’ve attended in a long time.”

“The practical strategies to apply in class to improve student achievement.”

“Personal teaching experiences being shared.”

“It is great to hear how different schools, and different teachers are approach things differently. Good to pick and choose bits that we prefer.”

“Ability to reflect on what I am currently doing so I can improve student learning outcomes in future.”

“Engaging with teachers from other schools to pose questions and discuss ideas.”

“Collaborating and sharing ideas advice and support from ACHPER presenter.”

“Resources and planning tools provided.”

“I got ideas I can implement straight away.”

“Combination of both theory and practical elements online workbook very helpful.”





# NEW HEALTH MOVEMENT SCIENCE SYLLABUS

The much-anticipated Health Movement Science (HMS) syllabus was released in July 2023. It signalled the start of an exciting time in PDHPE. The syllabus content is future-focused and has been reduced, allowing teachers and students time to delve deeper into content of interest and relevance.

To support teachers, ACHPER NSW developed and commenced roll out of a brand new program of professional learning. It focuses on customisable resources - translating the new syllabus into teacher-friendly sample program frameworks that can be personalised student cohort needs.

Importantly, the program drew on the experience and knowledge of highly experienced teachers. It was co-designed by ACHPER NSW staff and a team of practising PDHPE teachers.





HMS co-design team (l-r) (top row) Simon Board, Pam Williams, James Muir, Alex Lupton, Kyle Sutton, Alex Waters, (front row) Janice Atkin, Terrence Kwok, Lisa Bauer. (not pictured) Kelly Pfeiffer, Clare Roden

### HMS co-design team:

- **Kyle Sutton**, Head Teacher PDHPE and Languages, Merewether High School
- **Lisa Bauer**, Head Teacher PDHPE, James Ruse Agricultural High School
- **Kelly Pfeiffer**, Senior Education Officer, Teaching Quality and Impact, Department of Education
- **James Muir**, PDHPE teacher, NOVO Education Space, Illawarra
- **Pam Williams**, Head Teacher Administration, Lisarow High School
- **Terrence Kwok**, Relieving Head Teacher PDHPE, Sylvania High School
- **Alex Walters**, Director of Learning for Wellbeing, St Brigid's Catholic College, Lake Munmorah

- **Alex Lupton**, Head Teacher Teaching and Learning, Heathcote High School
- **Simon Board**, Head of PDHPE, Kambala.

### The initial HMS professional learning program included:

- Stage 6 HMS Familiarisation webinar
- Leading Year 11 HMS faculty planning workshop
- 2023 K-12 PDHPE Conference Stage 6 HMS syllabus stream
- Designing Year 11 HMS unit plans workshop (roll out 2024)
- Assessing Year 11 HMS workshop (roll out 2024).

More professional learning will be developed and offered across 2024 and 2025 as teachers move towards implementation.

**AT A GLANCE**

NEW HMS PROFESSIONAL LEARNING  
LAUNCH – TERM 4, 2023

**STAGE 6 HMS  
FAMILIARISATION WEBINAR**

**250**

TEACHERS ATTENDED

FREE EVENT – RECORDING  
AVAILABLE ONLINE.



**LEADING  
YEAR 11 HMS  
FACULTY  
PLANNING  
WORKSHOP**

**9** WORKSHOPS

7 WORKSHOPS  
SOLD OUT



**257**

PDHPE LEADERS  
ATTENDED

**NEW LEADING YEAR 11  
HMS FACULTY PLANNING  
WORKSHOP**

WHAT DID TEACHERS THINK?

**The content was relevant to my  
professional learning needs**

**85.6%** Strongly agree

**13.7%** Agree

**The presentation and  
resources were well designed  
and engaging**

**74.2%** Strongly agree

**25.1%** Agree





## WHAT DO TEACHERS FIND MOST BENEFICIAL?

*"Fantastic workshop."*

*"Professionalism and knowledge of Janice. We really appreciated her insight and critical thinking in areas where we don't always have the luxury of time."*

*"Being able to chat with other PDHPE teachers and workshop ideas on how best to implement the new syllabus."*

*"Resources and practical tools provided"*

*"Idea sharing"*

*"Scoping the syllabus, professional dialogue, gaining a better understanding around the depth studies and collaborative investigation"*

*"Collaborating with other schools and considering different ideas."*

*"Honestly, I think it was brilliantly run from start to finish."*

*"Great introduction to the HMS syllabus and starting point to be able to unpack this with colleagues further."*

*"The hands-on activities, discussion around scope and sequence and assessments and the ability to network with other head teachers."*





# NEW DRAFT K-6 AND 7-10 PDHPE SYLLABUSES

NESA released first drafts of the K-6 and 7-10 PDHPE syllabuses in July 2023.

ACHPER NSW prepared a draft submission to the NESA consultation. ACHPER NSW staff also met with NESA representatives to discuss the drafts and provide feedback, which both highlighted strengths of the drafts and key concerns.

Via our social media and newsletters, we also strongly encouraged teachers to 'have their say' by making an individual submission to the consultation.

ACHPER NSW' submission and feedback combined input from our staff, stakeholders, and teachers.

Teacher views were sought at two Information Sessions we held in August 2023. Close to 90 teachers attended to both hear about the key changes and put forward their thoughts.

A full copy of the ACHPER NSW NESA submission and recording of one Information Session is available on our website.

<https://www.achpernsw.com.au/submission-to-draft-k-6-7-10-syllabus/>



## 2023 K-12 PDHPE CONFERENCE

Over 300 PDHPE teachers and professionals attended the annual ACHPER NSW K-12 PDHPE conference at Western Sydney University in November.

"It's always great to bring together so many people from the PDHPE community," said Tracy Puckeridge, CEO of ACHPER NSW.

"There was a genuine buzz among the hundreds of enthusiastic delegates, presenters, exhibitors, sponsors, volunteers and the ACHPER NSW team – all of whom contributed to a great two days.



“Special thanks to major sponsor Western Sydney University and sponsors VALD Performance, Tennis NSW and RHSports.

“Feedback shows over 96% of attendees were satisfied with the Conference. It is great to know we are delivering on what educators need and we’re always looking at ways to improve.

“The conference is a regular event on our professional development calendar and we look forward to seeing everyone again in 2024,” said Tracy.

Over 60 workshops were delivered across the two days by experienced teachers and leading health experts.

“The conference is only possible thanks to the presenters who give up their time to develop and deliver thoughtful and engaging sessions,” said Janice Atkin, ACHPER NSW Professional Learning Officer.

“We cannot thank this year’s 60 presenters enough for their willingness to share knowledge and wisdom with the PDHPE community.”

On day one Jenny Walsh delivered the keynote which explored the latest research on gender based violence and highlighted the growing issue of sexual violence being experienced by young people. She explained how social norms around gender is driving much of the sexual violence experienced by young people. Jenny outlined how an ethical framework





driving learning, rather than just focusing on what is legal, has a greater impact on decisions and behaviours.

The Stage 6 HMS stream was extremely popular with 125 teachers attending the sessions. Workshops included unpacking HMS content, scope and sequence, depth studies, collaborative investigations and how the six skills can be embedded in programs. A big hit were the practical sessions on body systems and Sustainable Development Goals.

Day one ended with a collaborative future planning session, where teachers divided into groups for HMS, CAFS and K-10.

“Teachers discussed opportunities to network and work together locally to program the new HMS syllabus and the K-10 PDHPE syllabuses that will be released in 2024,” said Janice.

“The message from everyone was clear – teachers will need to collaborate across schools to share ideas, resources and the workload,” said Janice.





# PDHPE MASTERCLASS SERIES

The ACHPER NSW PDHPE Masterclass series continued in 2023. Launched in 2022, Masterclasses present the latest PDHPE research and evidence-based material for K-12 PDHPE teachers.

Short and interactive sessions, Masterclasses encourage collaborative conversations and sharing with like-minded PDHPE professionals. Masterclasses are also offered free to members.

## 2023 PROGRAM

Masterclass 1:	<b>Young people as mental health caregivers</b> <i>Claire Goodall, Young People and Education Manager, R U OK?</i>
Masterclass 2:	<b>Improving fitness education in schools</b> <i>Laura Alfrey, Senior Lecturer, Monash University</i>
Masterclass 3:	<b>Embedding a broader notion of community and wellbeing</b> <i>Gabrielle O’Flynn, University of Wollongong, and Dr Nicki Taylor, University of Western Sydney</i>
Masterclass 4:	<b>Developing thinking students</b> <i>Dr Kelly-Ann Parry, Lecturer, Australian College of Physical Education</i>
Masterclass 5:	<b>Purposeful small-sided games</b> <i>Gareth Long, Director of Program Innovation &amp; Development, Australian College of Physical Education</i> <i>Adam Bunce, AFL NSW/ACT</i>
Masterclass 6:	<b>Trauma-informed practice in PDHPE</b> <i>Professor Karen Martin, University of Tasmania</i>
Masterclass 7:	<b>Body satisfaction and the influence of social media</b> <i>Dr Veya Seekis, lecturer and researcher, School of Applied Psychology, Griffith University</i>
Masterclass 8:	<b>Connecting to nature and outdoors through PDHPE (postponed)</b> <i>Professor Tonia Gray, University of Western Sydney</i>

# EARLY CAREER TEACHER CONFERENCE

70 new PDHPE teachers came together for the ACHPER NSW 2023 Early Career Teacher Conference in Sydney in May.

“It was a pleasure to meet such a great group of enthusiastic new educators,” said Tracy Puckeridge, CEO ACHPER NSW.

“The conference is all about that vital early years support. As always, we’re grateful to all the presenters for sharing their knowledge and offering encouragement to build the new teachers’ confidence, skills and support network.



“Big thank you also to conference sponsor GambleAware NSW, along with the exhibitors,” said Tracy.

The day began with a keynote panel featuring:

- Rachael Holland, PDHPE teacher, Newtown High School of the Performing Arts
- Amy Harriman, Deputy Principal, The Hills Sports High School
- Janice Atkin, Professional Learning Officer, ACHPER NSW

Each delivered powerful messages to the new teachers, exploring how to go from surviving to thriving in the first few years. New teacher Rachael shared her personal experiences, challenges and the wins when starting out. The experienced Amy emphasised “you’re never alone, you’re always supported”

to delegates, outlining structures and support available, along with a rich array of insights from her teaching career.

Following the keynote, the teachers selected specialised workshops to attend including:

- Class behaviour and management, with Pam Williams
- Quality formative assessment, with Brendan Jones
- Who is in front of you?, with Sonja Maric
- Planning inclusive theory lessons, with Janice Atkin
- Trauma-informed practices in PDHPE, with Melinda Navin and Janine Perry
- Difficult conversations, with Amy Harriman
- Accreditation, with Emmanuel Karayiannis
- Student wellbeing, with Andre Adam-De-Villers





## ACHPER NSW AWARDS

The annual ACHPER NSW PDHPE Teacher Awards recognise high-quality health and physical education. Launched in 2021, this year the Awards again attracted many inspiring, quality nominations.

**Awards were given  
in 4 categories:**

- Early career teacher
- Primary teacher
- Secondary teacher
- School / faculty





## WINNER: EARLY CAREER TEACHER



**Caitlin Smith**  
Ambarvale High School

In her early teaching career Caitlin is having an impact on both students and the school community. A dedication to student growth, innovative curriculum approaches, and community engagement have led to improved student outcomes and experiences.

Caitlin has taken on many school roles including Internal Sports Organiser, Preliminary CAFS Coordinator, Child Studies Coordinator and Premiers Sporting Challenge (PSC) Coordinator. Her thorough approach to internal sport ensures a seamless experience for students and teachers. Caitlin's resourcefulness has resulted in new funding and engaging external providers, such as the NRL, GWS Giants and Netball NSW.

An innovative leader of the Child Studies program, Caitlin designs programs, curates teaching materials, updates assessments and arranges enriching excursions. This includes a collaboration with a local childcare centre providing students with hands on experience and reinforcing classroom learning. As PSC Coordinator, she also worked with local primary schools to facilitate student referring and coaching at gala days.

Caitlin embraces professional development. Teaching Community and Family Studies for the first time, she is drawing on her internal and external networks to continually enhance her expertise.

Caitlin's work has resulted in improved student engagement, deeper subject understanding and skill development. Her approach of going beyond classroom boundaries and fostering community connection is helping prepare students for well-rounded lives.

### HIGHLY COMMENDED: EARLY CAREER TEACHER

- **Georgia Douglas**  
Singleton High School
- **Brooke Foley**  
Cheltenham Girls High School
- **Madeline O'Connor**  
St Bede's Catholic College, Chisholmn

## WINNER: PRIMARY TEACHER



**Rainey Sargent**  
St Philip's Christian College,  
Cessnock

Rainey is a dedicated primary PDHPE teacher fostering a love for physical activity with innovative and inclusive teaching. She has increased student enthusiasm, skills and healthy habits by focusing on skill progression and wellbeing.

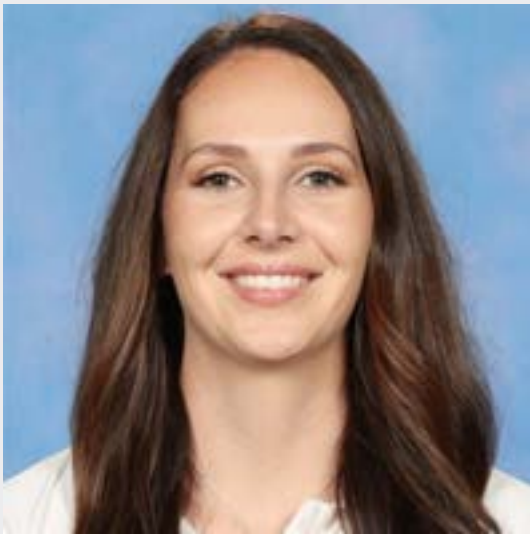
Rainey thoughtfully structures and prepares lessons making sure students understand the purpose of activities. She creates an inclusive classroom environment through a variety of strategies and ensures that every student feels valued. Her programs have resulted in improved student attitudes towards physical activity.

Rainey's focus on skill progression empowers students to develop physical abilities and improve fitness. Students set personal goals and track their progress, instilling responsibility for their own physical wellbeing. The approach promotes individual growth and cultivates a culture of sportsmanship and mutual support among students.

Rainey encourages students to engage in regular physical activity, both inside and outside of school. She leads by example, involved in many extracurricular activities and after school sports.

Rainey's comprehensive approach focuses on the development of lifelong skills and habits. Students acquire knowledge about being active, sportsmanship, skill acquisition, and respectful relationships. Rainey communicates the relevance of these concepts to everyday life so students can make informed health and wellbeing decisions.

## WINNER: SECONDARY TEACHER



**Lindsay McCallum**  
Merewether High School

Lindsay's work in health and physical education has resulted in improved student engagement, assessment rigour, and staff knowledge. She positively impacts students and staff through authentic learning experiences, community connection, and a successful sporting program.

Lindsay has played a key role in developing outstanding teaching and learning programs, accompanied by effective assessments. She meticulously develops programming protocols for each unit and lesson, along with teacher resources. Through practical protocols, aligned with physical literacy and incorporating peer feedback, Lindsay has achieved higher student engagement and a deeper

understanding of their learning journey. She proactively collects survey data from students ensuring a broader perspective when designing programs and assessments.

Through consistent engagement with stakeholders, she has elevated the rigor of assessments, resulting in a 31.6% increase in on-time submissions by Year 10 students within 12 months.

Lindsay has created all Stage 6 PDHPE resources and lifted the complexity of feedback provided to Stage 6 students resulting in a 17% increase in total average scores for the current cohort. As the leading developer of the school's transition to the Canvas platform she has developed detailed blueprints for PDHPE and school-wide teachers to follow.

Lindsay has made significant contributions to the Premier Sporting Challenge, lunchtime activities, and weekly sports. A combination of diverse activities and regular reflection on physical activity has enhanced student participation. Lindsay has also established a school fitness lab, a state-of-the-art facility providing students with invaluable opportunities to analyse movement and performance improvement.

### HIGHLY COMMENDED: SECONDARY TEACHER

- **Jamie Slater**  
The Hills Sports High School

## WINNER: SCHOOL / FACULTY CATEGORY



### PDHPE Faculty Northlakes High School

The Northlakes High School (NHS) PDHPE Faculty consistently go above and beyond in all aspects of PDHPE and the wider school community. With strong dedication and a positive attitude, they aim to inspire the Northlakes community to embrace physical activity and health.

In 2022/23 the faculty restructured school sport and PE programs to provide new and exciting experiences for students. There had been no student involvement with community recreation and sport for a decade, an area identified for change to build student confidence, respect and collaboration skills.

The team prioritised providing opportunities to students facing social or economic barriers. They secured a variety of funding to support new equipment, including

kayaks and mountain bikes, weekly whole school sport and expert coaches to support PE onsite. Funding also supports faculty qualifications, such as bronze medallions, and other professional learning.

The NHS PDHPE Faculty contribute to all aspects of the school community and are leaders in year advisor, Sydney North sport, cultural group, professional learning, and Aboriginal education roles. Each brings expertise to the PDHPE classroom and enable the faculty to have a strong supportive relationship with students. The team seamlessly arrange school events including colour runs, carnivals, primary school round robins, Muru Bulbi Cup and more.

The team's efforts have seen an increase in students trying out for sport teams, taking up whole school activities and year sports, as well as participation rates continually increasing in PE lessons. The PDHPE faculty continually improve culture and promote PDHPE as an essential part of education and school community wellbeing.

### HIGHLY COMMENDED: SCHOOL / FACULTY

- **PDHPE Faculty**  
Singleton High School



## MEMBERSHIP AND FELLOWS

### ACHPER NSW

#### Life Member

1966 – William Gordon Young (dec)  
1981 – John W McClean  
1984 – Elaine A Chesworth  
1988 – Dr Alf Colvin  
2002 – William Daley  
2004 – Margaret Pickup

### ACHPER NSW

#### Past Presidents

Dr Evelyn McCloughan  
Mrs Elaine Chesworth  
Dr Alf Colvin  
Dr Alan Coles  
Mr John McLean  
Dr Wilf Ewens  
Mr Robert Parker  
Ms Ann McClintock  
Mr Gordon Smith  
Mr Ian Heazlewood  
Dr John Patterson  
Mr Doug Hearne  
Ms Margaret Pickup  
Ms Janice Atkin  
Mrs Skye Gray  
Mrs Nadene Kennedy  
Ms Sarah Jackson  
Mrs Kelly Bell

### ACHPER ACT

#### Fellows

1984 – Graham Dempster  
1984 – Paul Brettell  
1984 – Brian Bradshaw  
1988 – Ian Frenchman  
1998 – June Hicks  
2023 – Krysia Szkiel

### ACHPER NSW

#### Fellows

1982 – Frank Whitebrook (dec)  
1982 – Evelyn McCloughan  
1982 – Marjorie Swain  
1982 – Alistair Ramsay  
1982 – Hal LeMaistre  
1982 – Frank Henry (dec)  
1982 – Jean Harte  
1982 – Marie Gibson  
1982 – George Turnbull  
1984 – Allan Coles  
1984 – Dr Alf Colvin  
1984 – Wilf Ewens  
1984 – Jeffrey Miller  
1984 – David Parsons  
1984 – Betty Barnes  
1984 – Ken Booth  
1984 – Daryl Chapman  
1984 – Paul Couvert  
1984 – William Daley  
1984 – Kevin Farrell  
1984 – Joyce Grimsley  
1984 – Lola Harding-Irma (dec)  
1984 – Michael Hatton  
1984 – Eric Hawcroft  
1984 – Coralie Hinkley  
1984 – Errol Ingram

1984 – Geoff Jackson (dec)  
1984 – Jean Neil  
1984 – Robert Parker  
1984 – Eve Redfurn (dec)  
1984 – James Rowe  
1984 – Dorothy Shackley  
1984 – Peter Trebilco  
1984 – Gordon Treble  
1984 – Jeff Walker  
1985 – Andrew Whittaker  
1986 – Garry Egger  
1986 – John Miller  
1986 – Ann McClintock  
1986 – Margaret Killin  
1986 – Terry Holt  
1986 – Brian Green  
1988 – Barry Ridge  
1988 – Robert Elphinston  
1988 – Brian Booth  
1990 – Gordon Smith  
1990 – John Butt  
1993 – Colleen Wilson-Lord OAM  
1993 – Sally Macfarlane  
1998 – Ann McCormack  
1998 – Sue Wetherbee  
1998 – Craig Teece  
1998 – Margaret Pickup  
1998 – Yvonne Kerr  
1998 – Rosalind Brady  
2004 – Doug Hearne  
2007 – Bill Gavathas  
2007 – Dr John Patterson  
2008 – Ann Kershaw  
2008 – Gregg Rowland  
2010 – Janice Atkin  
2011 – Skye Gray  
2019 – Brad McAllister

# MEMBERSHIP MILESTONES

As at 1 January 2024

## 54 years membership

Alf Colvin

## 49 years membership

Ann Kershaw  
Ann McClintock  
Craig Teece  
Elaine Chesworth  
Margaret Pickup  
Kryzia Szkiel

## 48 years membership

Peter Corcoran OAM

## 43 years membership

Gordon Smith

## 40 years membership

Helen McGuckin

## 38 years membership

Edward McCann  
Jenny Vatovec

## 35 years membership

David Martin

## 33 years membership

John Haynes

## 32 years membership

Karen McCann  
Gillian Cross

## 30 years membership

Greg King

## 29 years membership

Peter Kovacs

## 28 years membership

Nerralie Hunter

## 27 years membership

Janice Atkin  
Jenny Hall  
Brendan Jones

## 26 years membership

Sally Staniforth  
Timothy Vaughan  
Wendi Herman

## 23 years membership

Christopher Baldwin

## 21 years membership

Pamela Findlay  
Amanda Pirri (Lazar)  
Allison Stewart

## 20 years membership

Kenneth Shaw

## 15+ years membership

John Cunynghame  
Jean Duma  
Sheena Bryant  
Alison King  
Clare Roden  
Tracey Kelty  
Lisa Bauer  
Rebecca Clisdell  
Clinton Pelham

## 15 years membership

Alison Pool

## 10+ years membership

Christina Curry  
Kelly Parry  
Pauline Condon  
Paul Kennedy  
Fiona McKenzie  
Alison Spencer  
Debbie Filliponi  
Brooke Morgan  
Adrian van Bussel  
Joanne Donnelly  
Dean Gilchrist  
Gay Maynard  
Deborah Tatham  
Brad McAllister  
Samuel Napper  
Andrew Ponsen  
Richard Mills  
Renee West  
Kieran Fisher  
Michelle Wilson  
Kim Harper

## 10 years membership

Angela Saveski  
Kristy O'Mahony  
Brett Maron  
Nicole Jenkins  
Stefanie Gaspari  
Peter Gordon

# FINANCIAL REPORTS



**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**FINANCIAL REPORT  
FOR THE YEAR ENDED  
31 DECEMBER 2023**

**Liability limited by a scheme approved under  
Professional Standards Legislation**



**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

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**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**RESPONSIBLE PERSONS' REPORT**

Your board presents the financial report of the Australian Council for Health, Physical Education and Recreation NSW Branch Incorporated for the financial year ended 31 December 2023.

**Responsible Persons**

The name of each responsible person during the period and, if different, at the date of the report:

Bradley McAllister  
Kristy O'Mahony  
Kyle Sutton  
Alexandra Lupton  
Dominique Sidaros  
Kelly Anne Parry  
Kim Harper  
Julie Percival  
Cindy Waldock  
Jessica Sears (Appointed August 2023)  
Michael Maroney (Resigned January 2024)

**Principal Activities**

The principal activity of the charity during the financial year was to provide professional support for teachers and students of health and physical education.

**Significant Changes**

No significant change in the nature of these activities occurred during the period.

**Operating Result**

The deficit of the charity amounted to \$31,843 (2022 deficit: \$36,026).

Signed in accordance with a resolution of the Responsible Persons.

# achper

NEW SOUTH WALES

AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED

## RESPONSIBLE PERSONS' REPORT

President:



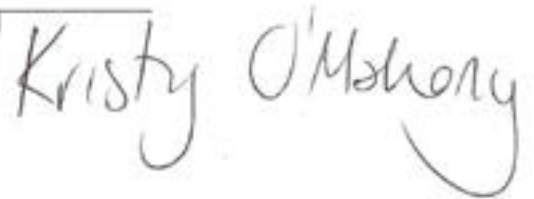
Bradley McAllister

Treasurer:

per 

Kyle Sutton

Dated this 26th day of March 2024

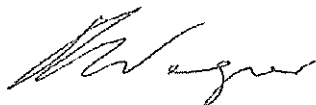


## **Auditor's Independence Declaration**

**To the Board of the Australian Council for Health, Physical Education & Recreation NSW Branch Inc**

I declare that, to the best of my knowledge and belief, during the year ended 31 December 2023 there has been:

- (i) no contraventions of any applicable code of professional conduct in relation to the audit.



**Rodney Wagner**  
**Flegg Kehlet Wagner Chartered Accountants**  
**Registered Company Auditor Number: 433830**

**Gregory Hills**  
Dated this 26th day of March 2024.



**AUSTRALIAN COUNCIL FOR HEALTH PHYSICAL EDUCATION & RECREATION NSW BRANCH INC**  
**INCOME STATEMENT**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

	2023	2022
	\$	\$
<b>Income</b>		
Membership	382	509
Royalties	5,448	4,280
Conferences & Workshops	482,018	350,455
State Government Grants	8,420	37,020
Interest Received	4,886	328
Other Income	51,833	13,601
<b>Total Income</b>	<b>552,987</b>	<b>406,194</b>
<b>Expenses</b>		
Advertising & Promotion	13,890	10,514
Audit Fees	3,463	3,300
Bank Fees	5,619	4,557
Bookkeeping	11,027	9,530
Computer/Copier Expenses	12,918	12,088
Contractors	59,167	38,041
Depreciation	1,388	254
Filing Fees	268	202
General Expenses	1,381	164
Insurance	13,484	3,663
Membership - Association	2,392	2,281
Membership - Complimentary	20,355	12,075
Postage	675	693
Printing & Stationery	2,227	1,672
Rent	14,382	14,496
Subscriptions	7,589	4,861
Telephone	2,265	2,743
Workshops, Conferences & Meetings	108,310	69,242
Website	1,094	3,386
Wages & Salaries	248,500	210,091
Employee Leave Accruals	23,555	9,605
Staff Amenities	4,153	7,373
Superannuation	26,730	21,388
<b>Total Expenses</b>	<b>584,830</b>	<b>442,220</b>
<b>Excess Income / (Expenditure)</b>	<b>(31,843)</b>	<b>(36,026)</b>

**AUSTRALIAN COUNCIL FOR HEALTH PHYSICAL EDUCATION & RECREATION NSW BRANCH INC**  
**BALANCE SHEET**  
**AS AT 31ST DECEMBER 2023**

	Note	2023 \$	2022 \$
<b>Assets</b>			
<b>Current Assets</b>			
Cash	3	811,605	785,345
Receivables	4	23,373	72,817
Prepayments	5	10,629	12,390
<b>Total Current Assets</b>		<b>845,608</b>	<b>870,552</b>
<b>Non-Current Assets</b>			
Property, Plant & Equipment	6	3,500	254
<b>Total Non-Current Assets</b>		<b>3,500</b>	<b>254</b>
<b>Total Assets</b>		<b>849,108</b>	<b>870,806</b>
<b>Current Liabilities</b>			
Payables	7	10,438	23,889
Tax Liabilities	8	10,285	3,655
Provisions	9	57,426	37,966
Income Received in Advance		-	6,588
<b>Total Current Liabilities</b>		<b>78,148</b>	<b>72,098</b>
<b>Non-Current Liabilities</b>			
Provisions	9	17,606	13,511
<b>Total Non-Current Liabilities</b>		<b>17,606</b>	<b>13,511</b>
<b>Total Liabilities</b>		<b>95,754</b>	<b>85,609</b>
<b>Net Assets</b>		<b>753,353</b>	<b>785,197</b>
<b>Members' Funds</b>			
Opening Balance - 1 January		785,197	821,223
Current Year Excess Income / (Expenditure)		(31,843)	(36,026)
<b>Total Members' Funds</b>		<b>753,353</b>	<b>785,197</b>

**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

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## **1 Summary of Significant Accounting Policies**

The financial statements cover Australian Council for Health, Physical Education and Recreation NSW Branch Incorporated as an individual entity. Australian Council for Health, Physical Education and Recreation NSW Branch Incorporated is a not-for-profit charity under the *Australian Charities and Not-for-profits Commission Regulation 2013*. ('the Regulations').

Comparatives are consistent with prior years, unless otherwise stated.

### **Basis of Preparation**

In the opinion of the Committee of Management, the charity is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the Regulations.

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards and Accounting Interpretations, and the disclosure requirements of:

- *AASB 101, Presentation of Financial Statements*
- *AASB 107, Statement of Cash Flows*
- *AASB 108, Accounting Policies, Changes in Accounting Estimates and Errors*
- *AASB 1054, Australian Additional Disclosures.*

Significant accounting policies adopted in the preparation of these financial statements are presented below and are consistent with prior reporting periods unless otherwise stated.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of this financial report.

### **Plant and Equipment**

Plant and equipment is carried at cost less, where applicable, any accumulated depreciation.

The depreciable amount of all plant and equipment is depreciated over the useful lives of the assets to the charity commencing from the time the asset is held ready for use.

**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

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**Impairment of Non-Financial Assets**

At the end of each reporting period the charity determines whether there is evidence of an impairment indicator for non-financial assets.

Where this indicator exists and regardless for goodwill, indefinite life intangible assets and intangible assets not yet available for use, the recoverable amount of the assets is estimated.

Where assets do not operate independently of other assets, the recoverable amount of the relevant cash-generating unit (CGU) is estimated.

The recoverable amount of an asset or CGU is the higher of the fair value less costs of disposal and the value in use. Value in use is the present value of the future cash flows expected to be derived from an asset or cash-generating unit.

Where the recoverable amount is less than the carrying amount, an impairment loss is recognised in profit or loss.

Reversal indicators are considered in subsequent periods for all assets which have suffered an impairment loss, except for goodwill.

**Cash and Cash Equivalents**

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short term highly liquid investments with original maturities of three months or less.

**Revenue and Other Income**

Revenue is recognised when the amount of the revenue can be measured reliably, it is probable that economic benefits associated with the transaction will flow to the charity and specific criteria relating to the type of revenue as noted below, has been satisfied.

Revenue is measured at the fair value of the consideration received or receivable and is presented net of returns, discounts and rebates.

**Interest revenue**

Interest revenue is recognised using the effective interest rate method.

**Dividend revenue**

Dividend revenue is recognised when the right to receive a dividend has been established.

**Rendering of services**

Revenue in relation to rendering of services is recognised depends on whether the outcome of the services can be measured reliably. If this is the case then the stage of completion of the services is used to determine the appropriate level of revenue to be recognised in the period. If the outcome cannot be reliably measured then revenue is recognised to the extent of expenses recognised that are recoverable.



**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

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**Income Tax**

The charity is exempt from income tax under Division 50 of the *Income Tax Assessment Act 1997*.

**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

		2023 (\$)	2022 (\$)
<b>2</b>	<b>Income</b>		
	Income from Operations	539,681	368,846
	Income from Grants	8,420	37,020
	Interest Income	4,886	328
	Total Income	552,987	406,194
<b>3</b>	<b>Cash</b>		
	Cash at Bank	622,325	612,589
	Term Deposits	168,081	163,195
	Business Credit Cards	21,199	11,431
	Stripe Account	-	(1,870)
		811,605	785,345
<b>4</b>	<b>Receivables</b>		
	Trade Debtors	23,373	32,444
	Trade Receivables	-	40,284
	Other Receivables	-	88
		23,373	72,817
<b>5</b>	<b>Prepayments</b>		
	Prepayments	10,629	12,390
		10,629	12,390
<b>6</b>	<b>Property, Plant &amp; Equipment</b>		
	Office Equipment at Cost	69,494	64,860
	Less: Accumulated Depreciation	(65,994)	(64,606)
		3,500	254
<b>7</b>	<b>Payables</b>		
	Superannuation	6,437	5,429
	Trade Creditors	4,000	18,460
		10,437	23,889

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**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

		2023 (\$)	2022 (\$)
<b>8</b>	<b>Tax Liabilities</b>		
	Goods and Services Tax	5,465	3,655
	Payroll Liabilities	4,820	-
		10,285	3,655
<b>9</b>	<b>Provisions</b>		
	<u>Current</u>		
	Employee Entitlements	57,426	37,966
		57,426	37,966
	<u>Non-Current</u>		
	Employee Entitlements	17,606	13,511
		17,606	13,511

**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**RESPONSIBLE PERSONS' DECLARATION FOR THE YEAR ENDED 31 DECEMBER 2023**


The responsible persons have determined that the charity is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Board the financial report as set out on pages 1 to 10:

1. Presents a true and fair view of the financial position of Australian Council for Health, Physical Education and Recreation NSW Branch Incorporated as at 31 December 2023 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that Australian Council for Health, Physical Education and Recreation NSW Branch Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

**President:**

  
\_\_\_\_\_  
Bradley McAllister

**Treasurer:**

  
\_\_\_\_\_  
Kyle Sutton

**Dated this 26th day of March 2024**

  
Kristy O'Mahony



## Independent Auditor's Report

To the Board of Australian Council for Health, Physical Education & Recreation NSW Branch Inc

### Opinion

We have audited the financial report of Australian Council for Health, Physical Education & Recreation NSW Branch Inc. ("the Entity"), which comprises the Committee's report, Statement by Members of the Committee, Income statement, Balance Sheet, and Notes to the Financial Statements for the financial year ended 31 December 2023.

In our opinion, the accompanying financial report of the Entity is prepared, in all material respects, in accordance with the accounting policies described in Note 1 to the financial report.

### Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Responsibilities of the Board and Those Charged with Governance for the Financial Report

The Board is responsible for the preparation of the financial report in accordance with the accounting policies described in Note 1 to the financial report, and for such internal control as the Board determines is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Board is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

### Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Board.
- Conclude on the appropriateness of the Board's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

**Rodney Wagner**  
**Flegg Kehlet Wagner Chartered Accountants**  
**Registered Company Auditor Number: 433830**

**Gregory Hills**  
Dated this 26th day of March 2024


**AUSTRALIAN COUNCIL FOR HEALTH, PHYSICAL EDUCATION AND RECREATION NSW  
BRANCH INCORPORATED**

**CERTIFICATE BY RESPONSIBLE PERSONS'**

I, Bradley McAllister, certify that:

- (a) I attended the annual general meeting of the charity held on 26 March 2024.
- (b) The financial statements for the year ended 31 December 2023 were submitted to the members of the charity at its annual general meeting.

**Dated this 26th March 2024**

Committee Member:   
Bradley McAllister